

LIPIE / PITA

1. LIPIE VITA BLACK ANGUS - 500 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza , acidifiant, sare),carne vita si carne berbecut100g(vita,berbecut,chimion,piper negrumacinat,usturoipraf,ceapapraf,ardeirosu dulce praf,fulgi de ardeiiute,cimbru,coriandru,fulgi de ardeifermentatisot,izolatproteic din **soia,lapte**,sareiodata) salata iceberg, rosiiproaspete, ceaparosiemurata 50g (otet-alcooletilicrafinat,vin,apa,suclamaie,usturoi,oregano,apa,sare,zahar,sucportocala)patrunjel cu lamaiesi sumac,sosrosiicoapte cu usturoi, **sosiaurt cu smantanasi** menta, **sosbranzacu** rosiirosiisibusuioc, sos aioli, sos sweet chilli,sospicant, sos curry.

Alergeni: lactoza,gluten, soia.

Valorea energeticpentru 500 g:

Kj 2983/ 700kcal,grasimi 38g,acizigrasisaturati 11g,glucide 70g,zaharuri 10g, proteine 60g,sare 3g.

2. LIPIE PUI – 500 g

Tortilla 90 g (fainade **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare),carne puirotisata100 g (pieptpui,pulpapui, mix de pui-sare57%,boia de ardei dulce,potentiator de aroma,rozmarin,cimbrisor,zahar,maltodextrina,cimbru,maghiran,protein hidrolizata de rapita,condimente,arome,agent antiaglomerant),salata iceberg, rosiiproaspete, ceaparosiemurata50 g (otet-alcooletilicrafinat,vin,apa, suclamaie,usturoi,oregano,apa,sare,zahar,sucportocala), patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, **sosiaurt cu smantanasi** menta, **sosbranzacu** rosiirosiisibusuioc, sos aioli, sos sweet chilli,sospicant, sos curry.

Alergeni: lactoza, gluten

Valoareaenergetica **K2354kj/** 600kcal,grasimi 25g,acizigrasisaturati 5g,glucide 50g,zaharuri 7g, proteine 50g,sare 2g.

3. LIPIE ADANA BERBECUT -200 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare), carne berbecut 150 g (berbecut, ceapa alba, ardei capia, patrunjel, chimion, sare, piper, cumin, fulgi chilli, boia afumata, sumac,), patrunjel cu sumac silamaie, ceapa rosie murata, rosii.

Alergeni: gluten.

Valoarea energetica **Kj1876**/ 400kcal, grasimi 20g, acizi grasii saturati 5g, glucide 0g, proteine 40g, sare 2g

4. LIPIE CHEESE PUI KEBAB - 500 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare), carne pui rotisata 100 g (piept pui, pulp pui, mix de pui - sare 57%, boia de ardei dulce, potentiator de aroma, rozmarin, cimbrisor, zahar, maltodextrina, cimbru, maghiran, proteina hidrolizata de rapita, condimente, arome, agent antiaglomerant), salata iceberg, rosi proaspete, ceapa rosie murata 50 g (otet-alcool etilic rafinat, vin, apa, suclamaie, usturoi, oregano, apa, sare, zahar, suc portocala), **mozzarella** 40 g (lapte de vaca pasteurizat, ulei grasime vegetala de palmier, sare, stabilizator: clorura de calciu, culture pure, cheag) patrunjel cu lamaie si sumac, sos rosii coapte cu usturoi, sos **iaurt cu smantana** si menta, **sos branza** cu rosi si sos busuioc, sos aioli, sos sweet chilli, sos picant, sos curry.

Alergeni: lactoza, gluten

Valoarea energetica **Kj 2874**/ 800kcal, grasimi 45g, acizi grasii saturati 15g, glucide 70g, zaharuri 10g, proteine 50g, sare 3g.

5. LIPIE CHEESE VITA KEBAB - 500 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare), carne vita si carne berbecut 100g (vita, berbecut, chimion, piper negru macinat, usturoi praf, ceapa praf, ardei rosi dulce praf, fulgi de ardei iute, cimbru, coriandru, fulgi de ardei fermentati si otet, izolat proteic din **soia, lapte**, sare iodata) salata iceberg, rosi proaspete, ceapa rosie murata 50 g (otet-alcool etilic rafinat, vin, apa, suclamaie, usturoi, oregano, apa, sare, zahar, suc portocala),

mozzarella40g(lapte de vacapasteurizat,uleigrasimevegetala de palmier,sare,stabilizator:clorura de calciu,culture pure,cheag)patrunjelcu lamaiesi sumac,sosrosiicoapte cu usturoi, sosiaurt cu smantanasi menta, sosbranzacu rosiirosiisibusuioc,sos aioli, sos sweet chilli,sospicant, sos curry.

Alergeni: lactoza, soia, gluten

Valorea energetic 500g:

Kj2654 / 720kcal,grasimi 40g,acizigrasisaturati 12g,glucide 60g, zaharuri 10g, proteine 45g,sare 2g.

6. LIPIE FETA PANE – 400 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare)specialitatepane 150g(specialitatecremoasa **din lapte**degresatsigrasimivegetale in saramura,**ou,lapte,pesmet panko**), salata Iceberg, ceaparosiemurata, rosiiproaspete,patrunjel cu lamaiesi sumac,sosrosiicoapte, sos curry, sos**branza**, sos **de iaurt**, sos aioli,sos sweet chilli,sos curry,sospicant.

Alergeni: gluten, lactoza, ou,lapte

Valorea energetic 400g:

Kj 2654/ 500kcal,grasimi 25g,acizigrasisaturati 6g,glucide 60g, zaharuri 5g, proteine 20g,sare 2g.

7. LIPIE CRISPY PUI – 500 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare),**pieptpui pane 180g(faina,lapte,ou,pesmet panko)**, salata Iceberg, rosiiproaspete,ceaparosiemurata40 g (otet-alcooletilicrafinat,vin,apa, suclamaie,usturoi,oregano,apa,sare,zahar,sucportocala), patrunjel cu sumac silamaie, sos **deiaurt**, sos curry,sos **debranza**, sos de rosiicoapteusturoi, sos aioli, sos sweet chilli, sospicant, sos curry

Alergeni:lactoza, ou,lapte, gluten.

Valorea energetic 500g:

Kj2713/ 730kcal,grasimi 24,5g,acizigrasisaturati 5,5g,fibre 12,5,carbohidrati 92g,zaharuri 5g, proteine 49g,sare 2g.

8. PITA CU FALAFEL SI HUMMUS – 300 g

Pita 80g (**faina** alba, apapotabila,drojdie,zahartos,sareiodata), falafel 100g(naut,apa,patrunjel,sare,stabilizatori: di si tri-polifosfati de sodium sipotasiu),hummus 50g(boabe de naut,sare,apa,seminte de **susan**,uleifloare,usturoi),sos tahini 20g (seminte de **susan**,apa,usturoi)rosii,ceapamurata,patrunjel cu lamaiesi sumac.

Alergeni: susan, gluten,

Valoreaenergetica 300g:

Kj1013 / 370kcal,grasimi 10g, acizigrasisaturati7g,din care glucide 55g, proteine 49g,sare 2g.

9. PITA VITA BLACK ANGUS – 300 g

Pita 80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata) carne vita si carne berbecut80g(vita,berbecut,chimion,piper negrumacinat,usturoipraf,ceapapraf,ardeirosu dulce praf,fulgi de ardeiiute,cimbru,coriandru,fulgi de ardeifermentatisot,izolatproteic din **soia,lapte**,sareiodata), salata iceberg, rosiiproaspete, ceaparosiemurata,patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, **sosiaurt cu smantanasi** menta, **sosbranzacu** rosiisibusuioc, sos aioli, sos sweet chilli,sospicant,sos curry,ceapa crispy.

Alergeni: lactoza, gluten, soia

Valorea energetic 300 g:

808kj/300kcal, grasimi 10g, din care acizigrasisaturati4,1g, glucide2, din care zaharuri 0,5g,proteine 40g,sare 1,3g

10. PITA PUI – 300 g

Pita 80 g (**faina** alba, apapotabila,drojdie,zahartos,sareiodata), carne puirotisata 80g(pieptpui,pulpapui, mix de pui57%,boia de ardei dulce,potentiator de aroma,rozmarin,cimbrisor,zahar,cimbru,maghiran,protein hidrolizata de rapita, condiment,arome,agent antiaglomerant) salata iceberg, rosiiproaspete, ceaparosiemurata,patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, **sosiaurt cu**

smantanasi menta, **sosbranzacu** rosiisibusuioc, sos aioli, sos sweet chilli,sospicant,sos curry,ceapa crispy.

Alergeni: lactoza, gluten.

Valorea energetic - 300 g:

1080kj/520kcal, grasimi 30g, din acizigrasisaturati 4,1g, glucide3, din care zaharuri 0,5g,proteine 35g,sare 1,3g.

11. PITA SNITEL PUI – 300 g

Pita80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata),pieptpuipane100g(**faina,lapte,ou,pesmet panko**),salata iceberg, rosiiproaspete, ceaparosiemurata, patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, **sosiaurt cu smantanasi** menta, **sosbranzacu** rosiisibusuioc, sos aioli, sos sweet chilli,sospicant,sos curry,ceapa crispy.

Alergeni: lactoza, gluten,ou

Valorea energetic – 300 g

880kj/585kcal, grasimi 7,7g,acizigrasisaturati 1,7g, glucide 16,9, zaharuri 2,8g, proteine 12,9g, sare 0,8g.

12. QUESADILLA CU VITA – 300g

Tortilla 90 g (**faina de grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare), carne vita si carne berbecut 60g(vita,berbecut,chimion,piper negrumacinat,usturoipraf,ceapapraf,ardeirosu dulce praf,fulgi de ardeiiute,cimbru,coriandru,fulgi de ardeifermentatizolatproteic din **soia,lapte**,sareiodata)porumb dulce, ardei gras, **mozzarella** 30g(**lapte de vaca**pasteurizat,uleigrasimevegetala de palmier,sare,stabilizator:clorura de calciu, culture pure,cheag), **branzatopita** cu Chedar (descompus),sos aioli, sos sweet chilli.

Alergeni: lactoza, gluten, soia

Valorea energetic – 300 g:

1564kj/387kcal, grasimi 32,5g, din care acizigrasi saturati15g, glucide 30,9, din care zaharuri 3,2g, proteine 22,9g, sare 1,75g

13.QUESADILLA CU PUI – 300 g

Tortilla 90 g (faina de **grau**, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare) carne puirotisata 60gr(pieptpui,pulpapui, mix de pui57%,boia de ardei dulce,potentiator de aroma,rozmarin,cimbrisor,zahar,cimbru,maghiran,proteinahidrolizata de rapita,condimente,arome,agent antiaglomerant)porumb dulce, ardei gras, **mozzarella**30g(lapte de vacapasteurizat,uleigrasimevegetala de palmier,sare,stabilizator:clorura de calciu, culture pure,cheag), **branzatopita cu Chedar**(descompus),sos aioli, sos sweet chilli.

Alergeni: lactoza, gluten.

Valorea energetic – 300 g:

1342kj/314kcal, grasimi 32,7g, din care acizigrasisaturati 14,7g, glucide 28,3g, din care zaharuri 8,2g, proteine 40,9, sare 1,25g.

14. QUESADILLA VEGETARIANA - 300 g

Tortilla 90 g (**faina** de grau, apa, ulei de rapita, agenti de afanare, carbonati de sodiu, difosfati, dextroza, acidifiant, sare),fasolerosie, ardei gras,porumb dulce, **mozzarella** 30g(**lapte** de vacapasteurizat,uleigrasimevegetala de palmier,sare,stabilizator:clorura de calciu,culturi pure,cheag), **branzatopita cu Chedar**(descompus), sosrosiicoapte, sos sweet chilli.

Alergeni: lactoza, gluten.

Valorea energetic – 300 g:

600kj/150kcal, grasimi 10g, din care acizigrasi saturati1g, glucide 20, din care zaharuri 6g, proteine 20, sare 1g

15 . PITA ISRAELIT CU HUMUS – 300 G

Pita80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata),),hummus 50g(boabe de naut,sare,apa,seminte de **susan**,uleifloare,usturoi),sos tahini 20g (seminte de **susan**,apa,usturoi)rosii,ceapamurata,patrunjel cu lamaiesi sumac, carne vita si carne berbecut 60g(vita,berbecut,chimion,piper negrumacinat,usturoipraf,ceapapraf,ardeirosu dulce praf,fulgi de ardeiiute,cimbru,coriandru,fulgi de ardeifermentatizolatproteic din **soia**,**lapte**,sareiodata),rosii 30gr,ceapa rosie murata 15gr.

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| <ul style="list-style-type: none">• Valoarea energetică: 800-900 kJ (190-215 kcal)• Grăsimi: 12-15g |
| <ul style="list-style-type: none">• Din care grăsimi saturate: 1-2g |
| <ul style="list-style-type: none">• Glucide: 15-20g |
| <ul style="list-style-type: none">• Din care zaharuri: 2-3g |
| <ul style="list-style-type: none">• Proteine: 6-8g• Sare: 0.5-1g |

16. PITA MAROCANA CU PUI – 300 G

Pita80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata), carne puirotisata140 g (pieptpui,pulpapui, mix de pui-sare57%,boia de ardei dulce,potentiator de aroma,rozmarin,cimbrisor,zahar,maltodextrina,cimbru,maghiran,protein hidrolizata de rapita,condimente,arome,agent antiaglomerant,castraveti murati 40g(apa,sare,castraveti),sos marocan 60g(ardei copt,masline verzi, ,maioneza-uiei,ou,lamaie,sare),patrunjel cu lamaie si sumac 10g.

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| <ul style="list-style-type: none">• Valoarea energetică: aproximativ 900-1000 kJ (215-240 kcal)• Grăsimi: 10-15g |
| <ul style="list-style-type: none">• Din care grăsimi saturate: 2-3g |
| <ul style="list-style-type: none">• Glucide: 20-25g |
| <ul style="list-style-type: none">• Din care zaharuri: 1-2g |
| <ul style="list-style-type: none">• Proteine: 20-25g• Sare: 0.5-1g |

LA FARFURIE

1. SHAORMA VITA BLACK ANGUS – 600 g

Carne vita si carne berbecut200g(vita,berbecut,chimion,piper negrumacinat,usturoipraf,ceapapraf,ardeirosu dulce praf,fulgi de ardeiiute,cimbru,coriandru,fulgi de ardeifermentatisot,izolatproteic din **soia**,lapte,sareiodata), pita 80g(**faina**alba, apapotabile,drojdie,zahartos,sareiodata),salata iceberg, rosiiproaspete, ceaparosiemurata30 g (otet-alcooletilicrafinat,vin,apa , suclamaie,usturoi,oregano,apa,sare,zahar,sucportocala),patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, sos**iaurt**cus**mantana**si menta, sos**branza** cu rosiisibusuiocsos aioli, sos sweet chilli,sospicant, sos curry,ceapa crispy.

Alergeni: lactoza, soia, gluten.

Valorea energetic – 600 g:

2540kj/570kcal, grasimi 32g, din care acizigrasisaturati 15g, glucide 29,9 g, din care zaharuri 1,2g, proteine 38g, sare 2g.

2. SHAORMA PUI – 600 g

Carne puirotisata 200g(pieptpui,pulpapui, mix de pui57%,boia de ardei dulce,potentiator de aroma,rozmarin,cimbrisor,zahar,cimbru,maghiran,protein hidrolizata de rapita,condimente,arome,agent antiaglomerant), pita 80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata),salata iceberg, rosiiproaspete, ceaparosiemurata30 g (otet-alcooletilicrafinat,vin,apa, suclamaie,usturoi,oregano,apa,sare,zahar,sucportocala),patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, sos**iaurt cu smantanasi** menta,sos**branzacurosiisibusuioc**, sos aioli, sos sweet chilli,sospicant, sos curry,ceapa crispy.

Alergeni: lactoza, gluten.

Valorea energetic – 600 g:

2230kj/500kcal, grasimi 25g, din care acizigrasisaturati 11g, glucide 29,2g, din care zaharuri 1,2g, proteine 32g, sare 1g

3. SNITEL PUI LA FARFURIE 600 g

Pieptpui pane200g(**faina,lapte,ou,pesmet panko**), pita 80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata),salata iceberg, rosiiproaspete, ceaparosiemurata 30 g (otet-alcooletilicrafinat,vin,apa, suclamaie,usturoi, oregano,apa,sare,zahar,sucportocala),patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi, sos**iaurt cu smantanasi** menta, sos**branzacu** rosiirosiisibusuioc,sos aioli, sos sweet chilli,sospicant, sos curry,ceapa crispy.

Alergeni: lactoza,ou, gluten.

Valoare energetica:1280kj/306kcal, grasimi 12,2g, din care acizigrasisaturari 3,3g, glucide 21,6g, din care zaharuri 8g, proteine30,8g, sare1,8g, fibre 3,6g

4. CRISPY FARFURIE – 600 g

Pieptpui pane 200g(**faina,lapte,ou,pesmet panko**), pita 80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata),salata iceberg, rosiiproaspete, ceaparsiemurata 30 g (otet-alcooletilicrafinat,vin,apa, suclamaie,usturoi,oregano,apa,sare,zahar,sucportocala),patrunjel cu lamaiesi sumac, sosrosiicoapte cu usturoi,sos**iaurt** cu **smantanasi** menta, sos**branzacurosiisibusuioc**, sos aioli, sos sweet chilli,sospicant, sos curry,ceapa crispy.

Alergeni: lactoza,ou, gluten.

Valorea energetic: 1280kj/306kcal, grasimi 12,2g, din care acizigrasisaturati 3,3g, glucide 21,6g, din care zaharuri 8g, proteine 30,8g, sare 1,8g, fibre 3,6g.

5. PULPA RATA IN SOS KUMQUAT CU OREZ – 450 g

Pulpa rata confiata150g(pulpa rata,untura rata,sare), orez basmati 200g(**unt,orez,sare,piper**), pita 80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata), sosportocale 20g(kunquatsportocala,sucportocalerosii-apa,sucportocalerosii(30%),zahar,suc concentrate de morcovnegru,agent acidifiant,acid citric,aroma,vitamina C,beta-caroten).

Alergeni: lactoza, gluten

Valorea energetic 1881kj/450kcal, grasimi 21,45g, din care grasimi saturate 6,17g, glucide 36,45g, din care zaharuri 11,2g, proteine21,9g, sare 1,8g.

6. PUI LIMONCELLO 400 g

Orezbasmatic 200 g(**unt,orez,sare,piper**),piept de pui 170g,soslamaie 30g(**unt**,vin alb,ceapa alba,rosiiuscate,caperre,patrunjel,lamaie).

Alergeni: lactoza

Valoareaenergetica: 2001kj/477kcal, grasimi 4,76g,din care acizigrasisaturati 1,05g, glucide 64,4g, din care zaharuri 1,11g, proteine 38,4g, sare 1g.

7 ADANA DE BERBECUT LA FARFURIE – 350GR

Orez basmatic 200 g(**unt,orez,sare,piper**), carne berbecut 150 g (berbecut,ceapa alba,ardeikapia,patrunjel,chimion,sare,piper,cumin,fulgi chilli,boiaafumata,sumac,), Pita80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata),patrunjel cu sumac silamaie,ceapa rosie murata, rosii.

Alergeni: **gluten**.

Valoarea energetică **Kj1876/** 432kcal,grasimi 20g,acizigrasisaturati 5g,glucide 0g, proteine 60g,sare 2g

8 POLLO PARMIGIANO – 500 GR

Piept pui pane 200g(**faina,lapte,ou,pesmet panko**), Orezbasmatic 200 g(**unt,orez,sare,piper**), **mozzarella** 30g(**lapte de vacapasteurizat,uleigrasimevegetala de palmier,sare,stabilizator:clorura de calciu, culture pure,cheag**),sos rosii coapte 15gr,busuioc 1 g

- Valoarea energetică: 1500-1700 kJ (360-410 kcal)

- Grăsimi: 15-20g

- Din care grăsimi saturate: 5-8g

- Glucide: 30-40g

- Din care zaharuri: aproximativ 2-5g

- Proteine: 20-25g

- Sare: 0.8-1.2g

- **Alergeni : lactoza**

9 CHILLI CON CARNE – 500 GR

Carne vita tocata 250gr (pulpa vita,ceapa alba,**apio**,morcov,vin rosu,suc de rosii,sare,piper,busuioc), suc de rosii 50g(rosii,suc de rosii,regulator de aciditate,acid citric), Orez basmatic 250 g(**unt,orez,sare,piper**),fasole rosie 30 g, ardei iute 5g,fulgi chilli 2 g,sare,piper

Alergeni : telina,lactoza

- Valoarea energetică: 1500-1800 kJ (360-430 kcal)

- Grăsimi: 15-20g

- Din care grăsimi saturate: 5-8g

- Glucide: 30-40g

- Din care zaharuri: 5-10g

- Proteine: 20-25g

- Sare: 0.8-1.2g

BURGER BLACK ANGUS

1. BURGER CLASIC – 200 g

Chifla**80 g** (faina de **grau, lapte, ou, unt**, zahar, sare, drojdieproaspata, seminte desusan),
Carne vita maturate70g(pulpa vita,sare,piper),salata iceberg 20g, rosii,**branzatopita cu cheddar(descompus)**, sos burger.

Alergeni: lactoza,gluten,ou.

Valoarea energetica:1358kj/324kcal, grasimi 12,15g,din care acizigrasisaturati 3,04g, glucide 33,7g, din care zaharuri 8,01g,proteine20,8g, fibre 2,45g, sare 1,24.

2. EGG BURGER – 220 g

Chifla80 g(faina de **grau, lapte, ou, unt**, zahar, sare, drojdieproaspata, seminte desusan),
Carne vita maturate70g(pulpa vita,sare,piper),salata iceberg, rosii,**branzatopita cu cheddar(descompus)**, sos burger, scramble ou, bacon.

Alergeni: lactoza,gluten,ou,susan.

Valoareaenergetica: 1558kj/372kcal, grasimi 21,18g, din care acizigrasisaturati 7,54g, glucide 20,4g, din carezaharuri 5,56g, proteine 23,85g, sare 1,66.

3. BURGER CU SOS DE TRUFE– 200 g

Chifla80 g(faina de **grau, lapte, ou, unt**, zahar, sare, drojdieproaspata, seminte desusan),
Carne vita maturate70g(pulpa vita,sare, piper),salata iceberg, rosii,**branzatopita cu cheddar(descompus)**, sostrufe, bacon.

Alergeni: lactoza,gluten,ou, susan

Valoareaenergetica 1421kj/341kcal, grasimi 16,18g, din care acizigrasisaturati 4,01g, glucide 25,4g, din care zaharuri 4,02g, proteine 25g, sare 1,23g.

4. BURGER CU PUI – 200 g

Chifla**80 g** (faina de **grau, lapte, ou, unt**, zahar, sare, drojdieproaspata, seminte desusan),

Carne pui 70 g (carne pui, legume proaspete, **pesmet**, pulbere de soia, fibre vegetale), salata iceberg, rosii, **branzatopita cu cheddar**, sos burger.

Alergeni: lactoza, gluten, ou, susan, soia.

Valoarea energetică: 701 kJ / 167 kcal, grasimi 5,8g, saturate 1,4g, glucide 19g, zaharuri 4,2g, proteine 10g, fibre 1,4g, sare 1,1.

SMASH BURGER VITA MENU

1. SMASH HAPPY

Carne vita 160g (pulpa vita, sare, piper) Chifla 80 g (faina de **grau**, **lapte**, **ou**, **unt**, zahar, sare, drojdie proaspata, seminte de **susan**), **branzatopita cu cheddar (descompus)**, sos happy (sirop glucoza-fructoza, 25% ulei de rapita, apa, 16% ceapa, otet, 2,7% galbenus de ou de la gaini crescute in aer liber, amidon modificat, amidon, sar, acizi alimentari: acid lactic, acid citric; 0,5% curry (contine mustar) concentrate de suc de ceapa, extract de condimente, agenti de ingrosare, guma guar, guma xantan, praf de ceapa, conservant, aroma natural, bacon 20g, castraveti murati 10g, sare afumata cu boia, **ou**). Cartofi congelati 150g, sare, **sos aioli (maionez, lamaie, sriracha)**

Alergeni : ou, mustar, sucraloza.

PASTE

1. PASTE CARBONARA – 300 g

Paste penne 120g (gris din **grau** dur, apa), **crema** **pentru gatit** **100g** (apa, uleiuri si grasimi vegetale (palmier) (16%), **zar** praf, amidon modificat din porumb, maltodextrine, stabilizatori: guma de guar, guma din seminte de carruba, emulsifiant: lecitina din **soia**, bacon 60g (carne de porc 87%, apa, sare, **zer** praf, dextroza, aroma de fum, zahar, stabilizatori tri sidi-fosfat de sodium, caragenan, antioxidant: eritorbat de sodium, potentiator de gust: monoglutamat de sodium, 5-ribonucleotide disodice, conservant: nitrit de sodium), **parmesan**, **ou**, ulei masline, sare, piper.

Alergeni: lactoza, gluten, ou.

Valoarea energetică 2502 kJ / 597 kcal, grasimi 37,3g, din care acizi grasi saturati 15,3g, glucide 44,8g, din care zaharuri 2,2g, proteine 23,6g, sare 2,4.

2. PENNE QUATRO FORMAGGI – 300 g

Paste penne 160g(gris din **grau** dur,apa), **crema** **pentrugatit 100ml**(apa,uleiurisi grasimivegetale(palmier)(16%),**zarapraf**,amidon modificat din porumb,maltodextrine,stabilizatori:guma de guar,guma din seminte de carruba,emulsifiant:lecitina din **soia**, **gorgonzola**,**bluechesse**, **mozzarella**, **parmesan**, vin alb,sare, piper.

Alergeni: lactoza,gluten, soia

Valoarea energetic 3045kj/727kcal, grasimi 42,5g, din care acizigrasi24,5g, glucide 63,8g, zaharuri 3,3g, proteine 23,9g, sare 3g.

3. PENNE LITTLE CHEF*S.....gramaj

Paste penne 120g(gris din **grau** dur,apa), **crema** **pentrugatit 100g**(apa,uleiurisi grasimivegetale(palmier)(16%),**zarapraf**,amidon modificat din porumb,maltodextrine,stabilizatori:guma de guar,guma din seminte de carruba,emulsifiant:lecitina din **soia**, piept de pui,parmesan, ceaparosie, usturoi,sare, piper.

Alergeni: lactoza,gluten, soia

Valorea energetic 1892kj/452kcal, grasimi16,3g, din care acizigrasisaturati7,3g, glucide52,2g, zaharuri3,2g, proteine30g, sare 3.

4. TAGLIATELLE LEMON PEPPER CU PUI – 300 g

Tagliatelle 0,120g(gris din **grau** dur, **ou**(19,36%),pieptpui 0,050g,crema pentrugatit60 g (apa,uleiurisi grasimivegetale(palmier)(16%),**zarapraf**,amidon modificat din porumb,maltodextrine,stabilizatori:guma de guar,guma din seminte de carruba,emulsifiant:lecitina din **soia**,ardei gras,ciuperci, suclamaie,sos de rosii, **parmesan**,sare,piper, busuioc.

Alergeni: lactoza,gluten,ou, soia

Valorea energetic 1555kj/372kcal, grasimi 16,5g, din care acizigrasisaturati 7,2g, glucide 36,6g, din care zaharuri 1,3g, proteine 21,3g, sare 3.

5.TAGLIATELE CU ROSII CHERRY,DOVLECEL SI FETA- 300 g

Tagliatelle 120g (gris din **grau** dur, **ou** (19,36%), rosiichery, dovlecel, suc de rosii 50g (rosii, suc de rosii, regulator de aciditate, acid citric), specialitate cremoasa din **lapte degresat si grasimi vegetale in saramura 30 g (descompus)**, ulei masline, usturoi, sare, piper, busuioc.

Alergeni: lactoza, gluten, ou.

Valoarea energetica 929kj/221kcal, grasimi 3,5g, din care acizi grasii saturati 1,7g, glucide 35,3g, zaharuri 9,1g, proteine 11,2 g, sare 3.

6. SPAGHETE ZEMA FANTASY 300 g

Spaghete 120g (gris din **grau** dur, apa), crema pentru gatit 100g (apa, uleiuri si grasimi vegetale (palmier) (16%), **zar** praf, amidon modificat din porumb, maltodextrine, stabilizatori: guma de guar, guma din seminte de carruba, emulsifiant: lecitina din **soia**, bacon 30g (carne de porc 87%, apa, sare, **zer** praf, dextroza, aroma de fum, zahar, stabilizatori tri si di-fosfat de sodiu, caragenan, antioxidant: eritorbat de sodiu, potentiator de gust: monoglutamat de sodiu, 5-ribonucleotide disodice, conservant: nitrit de sodiu), ciuperci, hribi, vin alb, rosii uscate, **parmesan**, sare, piper.

Alergeni: lactoza, gluten, soia.

Valoarea energetica 1910kj/457kcal, grasimi 22,8g, acizi grasii saturati 11,3g, glucide 49,6g, zaharuri 3,5g, proteine 15,6 g, sare 3

7. SPAGHETE A.O.P (AGLIO AGLIO PEPERONCINI) 300 g

Spaghete 270g (gris din **grau** dur, apa), **unt**, ulei masline, patrunjel, fulgi chilli, sare, piper.

Alergeni: lactoza, gluten.

Valoarea energetica 2049kj/489kcal, grasimi 18,8g, din care grasimi saturate 6,1g, glucide 68,4g, din care zaharuri 3,5g, proteine 15,9 g, sare 2,1

8. SPAGHETE BOLOGNESE 300GR

Spaghete120g(gris din **grau** dur,apa),carne bolognesse120g(pulpa vita,ceapa alba,**apio**,morcov,vin rosu,suc de rosii,sare,piper,busuioc), suc de rosii 50g(rosii,suc de rosii,regulator de aciditate,acid citric), **parmesan**,sare, piper.

Alergeni: gluten, tellina, lactoza

Valoarea energetic 1683kj/402kcal, grasimi 12,3g, din care acizigrasi 4,4g, glucide 53,7g, zaharuri 5,1g, proteine 19,2 g, fibre 4,2g, sare 1,3

9. SPAGHETE ALLA ARABIATTA 300GR

Spaghete180g(gris din **grau** dur,apa),suc de rosii 50g(rosii,suc de rosii,regulator de aciditate,acid citric),rosiichery,ardeiute,usturoi, **parmesan**,busuioc, suclamaie,uleimasline, sare, piper.

Alergeni: gluten, lactoza

Valoarea energetic 1467kj/350kcal, grasimi 9,5g, saturate 1,3g, glucide 56,4g, zaharuri 4,4g, proteine 10,4 g, fibre 4,1g, sare 0,2g.

10. SPAGHETE CU FRUCTE DE MARE 300GR

Spaghete150g(gris din **grau** dur,apa),**creveti,midi,tentaculecaracatita**, suc de rosii 50g(rosii,suc de rosii,regulator de aciditate,acid citric), uleimasline, frunze kaffir, lemongrass, **unt**, usturoi,suclamaie, sare, piper.

Alergeni: gluten,crustacee,lactoza.

Valoarea energetic 658kj/157kcal, grasimi 2,7g, saturate 0,6g, glucide 23,4g, zaharuri 2g, proteine 11,4 g, fibre 2,3g, sare 0,7g.

11. PENNE FUNGHI FEAST 300 g

Paste penne 120g (gris din **grau** dur, apa), ciuperci, urechi de lemn 50g (ciupercine greuscate), sucde rosii 70g (rosii, suc de rosii, regulator de aciditate, acid citric), **mozzarella (descompus)**, **suncaprag (descompus)**a, usturoi, sare, piper.

Alergeni: gluten, lactoza.

Valoarea energetica: 1428kj/340kcal, grasimi 8,8g, saturate 3,2g, glucide 48,9g, zaharuri 3,1g, proteine 15,4 g, fibre 4,9g, sare 1,2g.

CIORBA/SUPE

1 BORS TARANESC DE GAINA CU TAITEI DE CASA - 300 ml

Apotabila, pui/gaina 70g, suc de rosii 30 g (rosii, suc de rosii, regulator de aciditate, acid citric), ceapa alba, morcov, taitei 20g (**faina**, **ou**, sare), ardeica pia, bullion 24% **,telina**, **ou**, bors, leustean, sare.

Alergeni: gluten, telina, ou.

Valoarea energetică 499kj/119kcal, grasimi 4,4g, saturate 1,3g, glucide 6,3g, zaharuri 2,2g, proteine 13,6 g, sare 2,0g.

2 CIORBA DE VACUTA BLACK ANGUS - 300 ML

Apotabila 120ml, pulpa vita 0,070g, suc de rosii 30 g (rosii, suc de rosii, regulator de aciditate, acid citric), ceapa alba, morcov, ardeica pia, *mazare (**produs din/produs decongelat**), *fasole pastai (**produs din/produs decongelat**), **telina**, suc de lamaie, patrunjel, sare.

Alergeni: telina.

Valoarea energetică 481kj/115kcal, grasimi 2,8g, saturate 1,1g, glucide 7,6g, zaharuri 2,6g, proteine 15,4 g, sare 1,5g.

3 SUPA CREMA DE LINTE ROSIE – 300 ml

Apotabila 150ml, linterosie, ceapa alba, morcov, ardeica pia, menta proaspata, suclamaie, sare, suc de rosii.

Valorea energetic 477kj/114kcal, grasimi 0,4g, saturate 0,1g, glucide 20,7g, zaharuri 2,5g, proteine 7,2 g, sare 0,5g.

4 CIORBA DE BURTA 300 ml

Apapotabila 150ml, burta de vita 0,090gr, **smantana 20%** 50 g (**smantanapasteurizata** (obtinuta din lapte de vaca), culture lacticeselectionate),**ou**, otet de vin alb, usturoi, sare.

Alergeni: ou,lapte,lactoza.

Valorea energetic 723kj/173kcal, grasimi 11,4g, saturate 5,3g, glucide 4,6g, zaharuri 1,4g, proteine 13,4 g, sare 5g.

GUSTARI CALDE/GARNITURI

1.ARIPIOARE PUI 250 g

Aripioarepui240g, sos sweet chilli.

Valorea energetic 2175kj/520kcal, grasimi 32g, saturate 8,8g, glucide 15g, zaharuri 10g, proteine 44 g, sare 2,4g.

2.CRISPY PUI JUNIOR 250 g

Pieptpui 230 g,**ou, lapte, pesmet**,sare, piper.

Alergeni: Ou,lactoza, gluten.

Valorea energetic 1655kj/396kcal, grasimi 15,9g, saturate 3,7g, glucide 19,8g, zaharuri 1,4g,proteine 44,6 g, sare 1g.

3. FETA PANE JUNIOR 200 g (se inlocuiestedenumire cu specialitatecremoasa pane junior)

Specialitatecremoasapane 180g(specialitatecremoasa din**lapte**degresatsigrasimivegetale in saramura),**ou, lapte**, pesmet.

Alergeni: Ou,lactoza, gluten

Valorea energetic 1490kj/356kcal, grasimi 23,9g, saturate 14,8g, glucide 10,8g, zaharuri 4,4g, proteine 23,7 g, , sare 2,1g.

4.CARTOFI PRAJITI SIMPLI 150GR

*Cartoficongelati 150g,sare.

Valorea energetic 818kj/224kcal, grasimi 7,5g, saturate 1,2g, glucide 30g, zaharuri0,8g,proteine 3,8 g, sare 1g.

5. CARTOFI PRAJITI CU PARMEZAN SI USTUROI 150 g

Cartoficongelati 150gr,**parmesan**, usturoi, sare.

Alergeni:Lactoza.

Valorea energetic 1270kj/305kcal, grasimi 12g, saturate 3,2g, glucide 33g, zaharuri 0,7g, proteine 4,8 g, sare 1,1g.

6. OREZ BASMATIC 200 g

Orezbasmatic200g, **unt**,sare, piper.

7. PITA 80 g

Pita 80g(**faina** alba, apapotabila,drojdie,zahartos,sareiodata)

8. ARDEI IUTE

9. SOS CURRY, sosbranza, sosiaurt, sosrosiicoapte 30 g

SALATA

1. SALATA HUMMUS CU FALAFEL 350 g

Naut, falafel100g(naut,apa,patrunjel,sare,stabilizatori di si tri-polifosfati de sodium sipotasi, **pasta de susan,sos tahini** 20g (seminte de **susan**,apa,usturoi)lamaie, usturoi, ulei de masline,patrunjel.

Alergeni: Susan

Valorea energetic 1885kj/450kcal, grasimi 30,6g, saturate 3,9g, glucide 30,2g, zaharuri3,1g, proteine 16,3 g,sare 0,4g.

2.SALATA CAESAR CU PUI 250 g

Salata iceberg170g, pieptpui 50g, dressing 30g(**file anchois,iaurt**2,8%,usturoi,uileimasline,parmesan) , rosiichery, **parmesan**.

Alergeni: Lactoza,peste.

Valorea energetic 1355kj/324kcal, grasimi 22,4g, saturate 5,3g, glucide 8,7g, zaharuri 4,4g, proteine 22,4 g, sare 2,2g.

DESERTURI

GALUSTE CU PRUNE 150 g

Galuste cu prune 150g(apapotabila,prune **congelate 18,23%**,fulgi de cartof,zahar,ulei de floareasoarelui, stabilizatoramidon,**pesmet**,zaharvanilat, scortisoara),**unt,pesmet**.

Alergeni: gluten,lactoza.

Valorea energetic 892,08kj/212kcal, grasimi 2,18g, saturate 0,61g, glucide 43,16g, zaharuri 2,95g, proteine 5,01 g, sare 0,23g.

TAPIOCA CU LAPTE COCOS 150 g

Lapte de cocos 110 g (cocos extract 53%,apapotabila,stabilizator xanthan guma), perle de tapioca 40 g, **lapte**,zahar.

Alergeni:Lactoza.

Valorea energetic 1003kj/240kcal, grasimi 8,5g, saturate 7,6g, glucide 36,5g, zaharuri 11,5g, proteine 2,7 g,sare 0,1g

PANACOTTA 150 g

Smantanapasteurizata din **lapte**de vaca 35% grasime(stabilizatori :caragenan, **lactoza**) 100g, mix fructepadure**congelate**,zahar, vin rosu, gelatina.

Alergeni:Lactoza,lapte.

Valorea energetic 325kj/78kcal, grasimi 5,5g, saturate 73,2g, glucide 36,5g, zaharuri 11,5g, proteine 2,7 g,sare 0,1g.

Produselenoatre pot contine, urme de:

- **Ouasiproduse derivate**
- **Soia siproduse derivate, exceptand:Uleiulsigrasimile de soia completrafinate**
 - **Laptesi**produse derivate (inclusive lactoza)
 - **Telinasiproduse derivate**
 - **Mustarsiproduse derivate**
 - **Semintesusansiproduse derivate**
 - **Lupin siproduse derivate**
 - **Arahidesiprodusederivate**

Produse congelate

Produsele noastre congelate sunt următoarele:

Cartofi Fry'n Dip, Shaorma de vită,Burger de vită, Falafel, Burge pui,Mazare, Fasole pastai.